

FARM FRESH EGG DISHES

outer banks breakfast	12
two eggs any style, buttermilk biscuit, choice of link sausage or smoked bacon, choice of white corn grits or home fries	
northern banks breakfast	14
two eggs any style, two pancakes, choice of link sausage or smoked bacon	
classic eggs benedict	13
choice of white corn grits or home fries	
eggs sanderling	15
two poached eggs, english muffin, carolina crab, light mustard sauce, choice of white corn grits or home fries	
keeper's omelet ☒	12
three eggs, bacon, sausage, peppers, onions, cheddar cheese, choice of white corn grits or home fries	
farmer's omelet ☒	12
spinach, tomatoes, asparagus, mushrooms, goat cheese, choice of white corn grits or home fries	

SURFMAN'S BREAKFAST

biscuits and gravy	10
two house-made buttermilk biscuits, sausage gravy and two eggs any style	
grilled country ham hash ☒	12
"red eye" gravy, two fried eggs, white corn grits	

LIFESAVERS

anson mills steel cut oatmeal	8
cooked in milk, with your choice of raisins, dried cranberries, brown sugar, sliced almonds or sliced banana	
smoked salmon platter	12
toasted bagel, red onions, tomatoes, capers, chopped boiled egg and cream cheese	
fruit and house made granola	9
sliced fruit and berries, yogurt, granola, local honey, choice of a bagel, toast or biscuit	
lifesaving station omelet ☒	12
egg whites, spinach, mushrooms, tomatoes, choice of fresh fruit or white corn grits	
smoothie inspiration ☒	5

☒ Indicates Gluten Free Menu Items. Other Items can be easily
modified to be Gluten Free.

FROM THE GRIDDLE

chef's daily buttermilk hotcake creation	12
brioche french toast	11
pecan waffle with maple butter	10
all selections are served with warm vermont maple syrup and a choice of link sausage or smoked bacon	

ADD IT ON THE SIDE

chicken apple sausage ☒	5
smoked bacon or link sausage ☒	4
white corn grits ☒	3
home fries ☒	3
daily muffin	2
banana bread	3

DRINKS

coffee or hot tea	2.5
iced tea	2.5
juice	3
hot chocolate, milk, chocolate milk	2
coca cola, diet coke, sprite, root beer, fanta orange, fruit punch	3
cappuccino or latte	5
espresso	3

